Welcome to the Office 101 Guide. This handbook is designed to help you navigate our workplace culture, policies, and expectations. Our goal is to create a respectful, inclusive, and supportive environment where everyone can thrive.

Somewhere where people "WANT to come to work," not HAVE to come to work.

A. CORE VALUES

- Respect: Treat everyone with kindness and dignity
- Accountability: Own your actions and outcomes
- Growth: Always seek to learn and improve
- Teamwork: Collaborate and lift each other up
- Inclusion: Welcome diverse perspectives and backgrounds

B. LEAD BY EXAMPLE

Everyone, including leadership should model the behaviors they expect:

- Use respectful, professional communication.
- Take ownership.
- Stay positive and solution-focused.
- Make decisions with fairness and transparency.

C. CREATE A CULTURE OF RECOGNITION

Fostering a culture of recognition goes beyond just giving out "thank yous." It's about creating an environment where employees feel seen, valued, and motivated. Recognition improves retention, enhances performance, and boosts morale, especially in high-volume, high-stress environments like a call center.

Why It Matters

- Employees who feel recognized are **4x more likely to be engaged** in their work.
- Recognition satisfies two core psychological needs: **belonging** and **meaning**.
- It reduces burnout, turnover, and absenteeism by reminding employees that their efforts matter

BEST PRACTICES FOR RECOGNITION

A. Make it Meaningful

- Personalize recognition to the individual. Some people love public praise, others prefer a quiet "thank you."
- Tie recognition back to **core values** like teamwork, inclusion, or growth to reinforce culture.

B. Be Timely

• Don't wait for the next meeting. Recognize contributions in the moment whenever possible.

C. Ensure Fairness

- Recognize contributions at all levels, not just top performers or extroverted team members.
- Encourage quiet achievers and behind-the-scenes contributors to be acknowledged.

GOSSIP-FREE ENVIRONMENT

Gossip is a **form of workplace disrespect**, not harmless talk. Gossip undermines trust, creates division, and erodes team morale.

"Talk TO people, not ABOUT people."

Team members should address issues directly with one another or escalate concerns to leadership respectfully.

- Managers will be in charge of:
 - Redirecting gossip in the moment.
 - Create team norms that reward transparency and direct communication.
 - Offer training on how to give and receive feedback constructively.
- Early reporting is **encouraged** and management will ensure that all complaints are handled **confidentially, respectfully, and promptly.**

CONFLICT RESOLUTION

- Basic conflict resolution techniques:
 - Active listening
 - Using "I" statements instead of accusations
 - Identifying mutual goal
 - De-escalation strategies
- Conflict resolution training will be integrated into **leadership and team development programs.**
- When needed, **neutral mediation** through HR or trained team leads will be provided to help resolve persistent issues.
- "clear the air" culture will be promoted, where respectful disagreements are **not avoided but worked through intentionally.**

Leadership Role in Prevention

- Leaders and supervisors will be trained to:
 - Recognize early signs of interpersonal issues.
 - Respond promptly and appropriately to all complaints.
 - Model inclusive language, respectful conflict handling, and anti-gossip behavior.
 - Protect employees from retaliation when they report concerns.

Reinforcement Strategies

- Annual training on harassment, communication, and conflict management is required.
- **Real-world scenarios** will be incorporated into training to ensure employees understand expectations.

DATA PRIVACY & SECURITY AWARENESS

Why it matters:

Call centers often handle sensitive personal or financial data. Every employee must know how to protect it.

Secure systems use: Don't share passwords, always lock your computer, no unauthorized access.

Phishing & scams training: Teach how to identify and report suspicious emails or calls.

Clean desk policy: Sensitive documents shouldn't be left out.

Compliance with industry laws (e.g., HIPAA, PCI-DSS, or GDPR, depending on your field).

TIME & ATTENDANCE POLICY

Why it matters:

High-volume teams thrive on reliability and coverage.

Standard work policies:

Monday - Friday:

All employees are expected to arrive **no later than 7:00 AM** and be **ready to take calls** by exactly 7:00 AM.

• This means logging into systems, reviewing updates, and being settled at your workstation by start time, not arriving at 7:00 AM.

Saturday (Optional):

Voluntary shift available from 9:00 AM – 2:00 PM

• You must sign up in advance and be ready to take calls by 9:00 AM.

COMMUNICATION STANDARDS

Clear and respectful communication is the backbone of a healthy workplace, especially in a large team where messages travel fast and across multiple channels. These standards help ensure that every interaction, verbal, written, or digital is professional, inclusive, and effective.

Why it matters:

With 250+ employees, clarity and consistency prevent miscommunication.

Ensure that you are checking "SLACK" frequently, as updates and announcements will be posted regularly.

- "SLACK" should be utilized for time off requests, PTO, and when you're running late or leaving early, ensuring that you are putting in your request a MINIMUM of 30 minutes BEFORE your shift.
- Use proper greetings and sign-offs in emails (e.g., "Hi Alex," or "Best, Jordan").
- Avoid ALL CAPS (seen as yelling), excessive emojis, or sarcasm in messages.
- Be mindful of tone, what sounds casual to you might seem harsh to someone else.
- If something is sensitive, take it offline. Use a call or in-person chat instead of public threads.

Professionalism in ALL communication

Whether you're speaking with coworkers, managers, or clients, maintain a tone that is:

- Respectful: Avoid sarcasm, yelling, or passive-aggressive comments.
- Clear and concise: Get to the point without unnecessary jargon.
- Solution-focused: Avoid blame; focus on what can be done to resolve issues.

PROFESSIONALISM & DRESSCODE

General Guidelines

- Employees should come to work clean, well-groomed, and appropriately dressed for a professional office setting.
- Clothing should be comfortable yet presentable, allowing you to do your job effectively while reflecting the values of professionalism and mutual respect.
- When in doubt, choose attire that you'd feel comfortable wearing in front of clients, leadership, or the CEO.

BOUNDARIES & RESPECT IN SHARED SPACES

In a shared workspace, how we treat the environment and one another directly impacts morale, productivity, and team dynamics. Respecting shared spaces means being considerate, clean, and aware of how your actions affect those around you.

Breakroom & Kitchen Etiquette

The breakroom is a space to recharge, not a place for conflict or mess. Here's how to keep it welcoming:

Do:

- Clean up after yourself immediately, this includes wiping tables, rinsing out the microwave, and throwing away trash.
- Label your food with your name and date.
- **Be mindful of strong-smelling food** (fish, boiled eggs, etc.), especially in shared microwaves or fridges.
- Take only what's yours, don't eat or take food that isn't labeled for you.
- Wash dishes promptly or place them in the designated dishwasher (if provided).

Don't:

- Leave expired food in the fridge.
- Play loud music or videos on your phone while others are eating.
- Leave spills, crumbs, or dirty dishes behind.

DESK & CUBICLE ETIQUETTE

Do:

• Keep your area clean and organized, especially in open-concept layouts.

- Use headphones for music, videos, or training sessions.
- Respect visual and audio privacy, avoid reading over shoulders or listening in on calls.
- If you share a desk or equipment, sanitize it after use.

Don't:

- Take items from others' desks without permission.
- Spray perfumes or colognes at your desk, this can trigger allergies.
- Leave food wrappers or personal items out in the open.

RESPECT PERSONAL BOUNDARIES

Respect doesn't stop at physical space, it includes emotional boundaries too.

Do:

- Knock or announce yourself before entering a closed-door office.
- Ask before borrowing items (chargers, pens, chairs).
- Use inclusive language, and avoid sensitive or controversial topics in shared spaces.

Don't:

- Overshare personal details in communal areas.
- Assume everyone is comfortable with hugs, nicknames, or certain jokes.
- Interrupt breaks, people are entitled to rest without pressure to socialize.

OWNERSHIP & ACCOUNTABILITY

Shared spaces reflect shared responsibility. It's not about enforcement, it's about community.

- If you see a mess, clean it up or report it. Don't assume it's "not your problem."
- Take initiative, model the behavior you want to see.
- Encourage others to speak up if they feel boundaries are being crossed.

MENTAL HEALTH & BREAK CULTURE

In a high-volume work environment, performance matters, but so does your well-being. Prioritizing mental health isn't just good for individuals, it's essential for maintaining a strong, motivated, and sustainable team.

We believe that you perform at your best when you feel your best, and part of that means having space to rest, reset, and recharge, both mentally and physically.

Mental Health & Why it Matters

- Mental health affects focus, energy, communication, and resilience.
- We want to create a space where it's safe to not be okay, and where asking for help is encouraged, not judged.
- Supporting employee well-being results in better teamwork, lower turnover, and a culture of trust.

Our Mental Health Commitments

- No-stigma policy: Mental health is health. You won't be judged for needing time, support, or adjustments.
- Open-door support: Managers and HR are available for confidential mental health conversations.
- Burnout prevention: We don't want people running on empty. Speak up early if you feel overwhelmed, that's leadership, not weakness.

Acknowledgement of Receipt and Understanding

I,	, acknowledge that I have received, read,
and understood the Office 101/Compliance H	
I understand that this handboot outline importa standards, including but not limited to:	ant workplace policies, expectations, and
 Core values and professional conducts Gossip-free environment and conflict re Date privacy and security awareness Time and attendance policy Communication standards Dress code and professionalism Respect for shared spaces and boundary Mental health and break culture 	
I agree to comply with these policies and to co values of respect, accountability, growth, team	-
I understand that failure to adhere to these poli up to and including termination of employmen	cies may result in corrective or disciplinary action, t.
I further acknowledge that my signature below handbook, but it does not alter my at-will employed	
Employee Name (Print):	
Employee Signature:	
Date:	